



Coca-Cola apologizes to Alta. family for 'you retard' on bottle cap

COUPLAND? PAGE 18

Action. Soft-drink giant vows to take steps to correct situation

CANDICE

Coca-Cola apologized Wednesday to the family of an Alberta woman who was shocked to unscrew a bottle of the company's Vitaminwater and find the words 'you retard' printed inside the cap.

Edmonton-based photographer Blake Loates said she and her husband discovered the cap while out for dinner on Tuesday night. "We were both pretty shocked,"

What makes the situation even more upsetting to Loates is that her younger sister Fiona is living with cerebral palsy and autism and was taught that the "R-word" is completely unacceptable.

"The R-word is just something we don't say in my family," said Loates. "My dad is quite upset and is on a rampage."

Her father, Doug Loates, who lives in Tacoma, Wash. twin, 11-year-old daughters Fiona and Maddi, stayed up all night writing letters to Coca-Cola, looking for an explanation for the offensive cap.

"I am astonished that a major corporation could allow someone to tarnish their brand," he said. "Not everyone in Canada speaks French — like my daughter,

The caps are part of a promotion run by the company, displaying a random English word, followed by a random French word. "Retard" in French means late or delayed.

Since the issue was brought forward to Coca-Cola, the company has been in touch with the Loates family to offer a sincere apology.

"We did not mean to offend at all," said Shannon Denny, director of brand communications for Coca-Cola Refreshment Canada. "We are certainly very apologetic for this over-

While Denny said the words were reviewed before going out to store shelves, they were reviewed in their French context, not in both French and English.

"When you look at the same word in English, it takes an offensive connotation," Denny said.

The process of matching the English and French words is supposed to be completely random, according to Denny, and the chances of those two words being paired together was

David Thomson, vicepresident of still beverages for Coca-Cola, said the remaining caps in their fa-



Edmonton photographer Blake Loates was shocked to find the words 'you retard' stamped into the underside of a Vitaminwater bottle cap earlier this week. Lucy Haines/For Metro

cilities have now been de-

"We have learned from this and it was a mistake," he said. "At no point in time did we intend on offending anyone by any stretch and we have cancelled and moved on and have dealt with this as soon as pos-

Thomson said he will be

drafting a formal apology letter to the Loates family that will also detail the course of action they will take to correct the situa-









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NEWS

Ring road. Province, Tsuu T'ina near deal

Tsuu Tina First Nation members will vote next month on a new proposal for the southwest leg of the ring road, the province confirmed late Wednesday.

The tentative agreement is similar to a 2009 deal that was rejected by band members, according to Alberta Transportation minister Ric McIver.

"We have agreed on conditions to the ring road, and now the Tsuu Tina people need to approve it," said McIver.

McIver was mum on details, preferring not to interfere with the voting process. He would not confirm if the new deal exceeded 2009's proposed \$275 million in compensation for members of Tsuu T'ina Nation.

"If the vote is approved, a process begins, and it first needs approval from the Canadian government," he said. "That could be anywhere from two weeks to two years."

McIver, a former Calgary alderman, said he believes the deal will be in the best interest of the Tsuu T'ina Nation, Albertans and Calgarians. "We worked hard on it with the Chief and council," he said.

The proposed deal comes after a new chief, Roy Whitney, was elected in December 2012 and a new expansion of the Grey Eagle Casino and nearby performance hall will almost certainly drive more traffic to the First Nation, located on Calgary's southwest outskirts.

The deal will still need support from Tsuu T'ina members.

METRO



Bylaw officers keep eye on carpooling app

Company kudos.

'We learn from these creative developers,' car2go executive says of Calgarians' Car2Share app idea



ROBSON FLETCHER

Two young software developers working on an app aimed at facilitating carpooling among car2go users have the blessing of the company but have caught the attention of Calgary bylaw officials, as the service

may be considered in the same category as taxis.

Levin Dixon, 23, and Kyle Langille, 25, hope to launch a beta version of their "Car-2Share" app by the end of October, enabling Calgarians with existing car2go accounts to connect with one another and split the cost of commuting with the popular short-term rental vehicles

Levin came up with the idea after his mom switched from taking the bus to using car2go for her daily commute.

"She loves the convenience," he said. "But it costs about \$2 more a day and she said, 'If only I had a buddy to take the car2go with me every day, it would be cheaper than transit."

Levin said the app works by having users enter details about their daily commutes and integrating with car2go's own application programming interface, or API.

Since the cost of the car2go is billed to the driver, he added, the passenger would then pay the driver for his or her share of the ride.

That aspect caught the attention of Marc Halat, the city's manager of compliance services, who said the arrangement may be considered a "vehicle for hire" and fall under the city's Livery Transport By-

"We will probably have to

Online

Interested Calgarians can sign up for the app at car-2share.co.

 Developer Kyle Langille said the goal is to eventually integrate an electronic payment system into the app for passengers to pay their share of the cost to drivers.

step in and evaluate exactly what they're doing," Halat said Monday after learning about the app



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CBE high-school classes had an average of 26.8 students in 2012-13

Failing grade. Number of pupils per class was second-highest in the province, well above the overall Alberta average of 21.8



Even before Calgary's public school board opted to cut high-school funding, the organization was dealing with Grade 10-12 classes packed with nearly 50 per cent more students than those operated by their Catholic counterparts, according to provincial data.

As well, according to Alberta Education, the Calgary Board of Education's 26.8-student average per high-school class in 2012-13 was second-highest in the entire province. In comparison, the Calgary Catholic School District averaged 18 students per

Grade 10-12 room

"Clearly, if they have less kids in class, there's something else that the public board is spending money on that the Catholic board is not spending money on," said Jeff Bowes with the Calgary Association of Parents and School Councils.

The overall provincial average for high-school class sizes was 21.8 students, but CBE trustee Sheila Taylor said she believes "we only have part of the picture right now."

"Right now, we look at the one number, but I'd like to understand core class versus option classes, special-needs classes... We do need more information, especially because high schools have been cut significantly and parents are expressing a lot of concern," Taylor added.

CBE administrators chose in the spring to slash perstudent funding 11 per cent at the high-school level in a bid to protect younger learners from what they claimed was insufficient provincial funding.

Online

For a complete breakdown of 2012-13 Alberta average class sizes, head to metronews.ca



Taylor, meanwhile, did request a more in-depth breakdown of classroom configurations at a board meeting earlier this month, but administration told her such information was not available.

On Wednesday, administrators declined requests for comment on the comparison between its numbers and the Calgary Catholic School District, but the public board has conceded it's getting reports from some schools that more than 40 students are jammed into certain classrooms.

The board has said that timetable shuffling and potentially adding more teachers could alleviate issues in certain schools. Still, frustration over being in a Grade 10 social-studies class with



Sharad Gadhia, a Grade 10 student at Queen Elizabeth High School, says students are supporting him after he wrote an email to the provincial education minister claiming his peers and he were being set up for failure by being stuck in classes with more than 40 students. GLENN KELLY/FOR METRO

more than 40 kids prompted Queen Elizabeth High School student Sharad Gadhia to write an email to Education Minister Jeff Johnson claiming students were being set up for failure.

Gadhia's letter was published by Metro on Tuesday and he said Wednesday he'd

received a lot of positive feedback from his peers.

"They all read my email, they all went online to see it — it's really cool," he said.

Greenway pathways project set to connect Calgary



Calgary nature enthusiasts will soon get the chance to explore the city in a new way as the Parks Foundation revealed details of the final phase of its Greenway Project Wednesday.

The project will see a 138-kilometre network of paths that will encircle Calgary, with educational wetland interpretive areas, family fitness parks and unique play

structures along the way.

Phases 1 and 2 of the project are nearing completion, fully funded by a number of Calgary organizations, including 15 of the Rotary Clubs in and around the city, as well as contributions from various businesses and developers across the city.

The third and final phase is expected to be completed

by 2015 and is funded by a donation from Canadian home-building giant Mattamy

"It will be a giant wheel around this city and the spokes will be hundreds of pathway connections into communities," Parks Foundation CEO Myrna Dube said. "It will make Calgary a more livable city, and it will attract people from all

over the world

Intended for year-round use, the Greenway will connect 55 communities and 400,000 residents, eventually becoming part of the more than 1,000 kilometres of pathways already established in Calgary, making it the largest urban pathway system in the world, according to the Parks Foundation. GLENN KELLY/FOR METRO



Bus stop. Man charged with voyeurism after camera found in bushes

Calgary police have charged a man with voyeurism after he allegedly set up a camera near a southeast bus stop.

Witnesses observed a suspicious man in the bushes at the corner of New Brighton Drive and New Brighton Manor SE. When the man left the area, a camera was spotted still in the bushes.

Police located a man in a vehicle near the scene — it's alleged he left his two-year-old daughter at home alone while setting up the video camera.

A 29-year-old now faces

Court appearance

 The accused is next scheduled to appear in court Oct. 22.

charges of voyeurism and being unable or unwilling to provide a child with adequate care.

The accused's name is not being released to protect the identity of the child, police said Tuesday.

JEREMY NOLAIS/METRO

Police investigating

Man struck and killed by CTrain

Calgary police are investigating after a man walking along the CTrain tracks early Wednesday was struck and killed.

The person, believed to be in his 60s, was travel-

ling along the southbound tracks near the tunnel at Victoria Park/Stampede Station when he was struck shortly after 6:30 a.m., according to a release.

The train came to a halt and commuter traffic in the area was rerouted for hours.

The man's identity had not been released Wednesday. METRO

Suspicious death probed in Calgary's southeast



Investigation. Police lock down area after woman spotted behind shopping centre



JEREMY NOLAIS

Homicide investigators have been called in after a woman was found in medical distress in Calgary's deep southeast and died en route to hospital.

Calgary police Insp. Guy Baker said the woman was first

Quoted

"We're asking if anybody has any information if they can let us know, it would be greatly appreciated."

Police Insp. Guy Baker

spotted behind a shopping centre in the 200 block of Shaw-ville Boulevard around 2 p.m.

"The person did succumb to their injuries.... (Calgary police) thought it was suspicious so we locked down the area," he said. "We have called in homicide. We're deeming this suspicious until we can prove otherwise, and the medical examiner will determine the cause of death."

Neither police nor an EMS spokesperson would elaborate on the type of distress the victim was in and would only confirm her as being an adult. The woman was rushed to the nearby South Health Campus but pronounced dead on arrival.

Police on scene Wednesday evening were keeping watch over a wooded area just off Macleod Trail.

Baker said he wasn't aware of any witnesses, but added the investigation was only in preliminary stages Wednesday evening.

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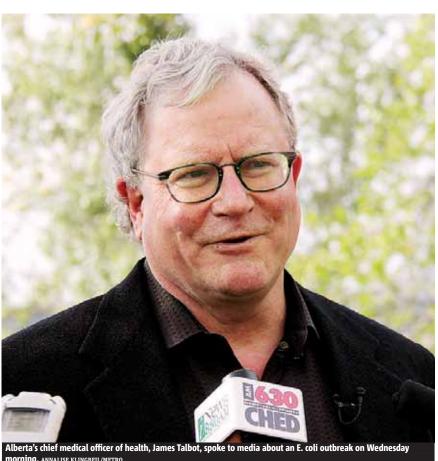


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Medical officer warns of E. coli outbreak in Alberta

Gort's Gouda. Alert issued after seven people ill — youngest is three, oldest is 78



ANNALISE KLINGBEIL

Seven Albertans who range in age from three to 78 years old have fallen ill with E. coli infection after consuming unpasteurized cheese, according to the province's chief medical officer of health.

The Canadian Food Inspection Agency (CFIA) has issued a health hazard alert for certain raw-milk cheeses from Gort's Gouda Cheese Farm in Salmon Arm, B.C.

The products are linked

to two cases of E. coli in Edmonton and five in Calgary. There are an additional two possible cases that are pending further tests.

"The most important thing is none of these people have been hospitalized and they're all recovering," said James Talbot, chief medical officer of health.

The cheese has also been linked to one fatal E. coli case earlier this summer in

B.C.
"E. coli is an organism that can be fatal and we know that," Talbot said. 'It's one of the reasons why we're always vigilant whether it's in an unpasteurized cheese product or whether it's in a hamburger.'

Talbot said it's taken some time to establish the source of the illness.

"It's like a detective in-

- E. coli infection is a type of food-borne illness caused by bacteria.
- E. coli can cause nausea, vomiting and diarrhea.
- In severe cases, E. coli can lead to hospitalization or death.

vestigation," he said.

The CFIA recall for certain Gort's cheeses was issued Tuesday and affects products sold at the manufacturer's outlet, at retail stores in Alberta and B.C., and through Internet sales from May 27 to Sept. 14.

Talbot urged anyone who has the cheese in their fridge to discard it.



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Big plans in store for marathon's 50th anniversary



Calgary Marathon.

2014 race will add races for people of all skill levels and abilities

GLENN Kelly

The swinging styles of decades past are all back as the Scotiabank Calgary Marathon

revealed plans for its Golden 50th anniversary in 2014.

Next year's race marks 50 years since the marathon started in 1963, and as a tribute marathon organizers announced the theme for next year as "Running Through The Decades."

Volunteers, participants and members of the public are all encouraged to dress up in their favorite looks from the past, which will include

music from each era through each stretch of the marathon.

Voted as the best race in Alberta three years in a row, the Scotiabank Calgary Marathon first began when 19 runners lined up 50 years ago at Glenmore Stadium, running a total of 26 miles.

Now, the marathon draws more than 12,000 runners, raising a record-breaking \$930,000 this year.

"The race and participa-

tion has exploded over the last few years," said executive director, Kirsten-Ellen Fleming.

ing.
"It's Canada's longestrunning marathon, and that's
certainly something to celebrate. We hope that not only
people from Calgary and area
come out, but this year, we're
really opening up our doors."

Next year's marathon is expected to draw over 15,000 participants.

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Australia. Mother who drowned her 2 kids killed herself, lawyer confirms

A woman who drowned her two children in a bathtub in Alberta three years ago was still fragile and depressed when she killed herself earlier this week in Australia, says her lawyer.

Peter Royal said Allyson Mc-Connell's mother phoned him early Wednesday to tell him about the suicide and factors that possibly contributed to her desperate state.

She had attended the christening of a friend's new baby a few days before the body of a 35-year-old woman believed to be McConnell was found at the bottom of a bridge in West Gosford, north of Sydney.

Royal said McConnell became emotional and despondent after the baby's church service.

He added that he's positive the dead woman is McConnell because her identification was found with the body.

McConnell was also re-

Overwhelming guilt?

"I guess it brought back thoughts of her own children's christenings."

Peter Royal, lawyer of Allyson McConnell

cently upset about the Alberta Crown's upcoming appeal of her manslaughter conviction and sentence, said Royal.

McConnell had admitted at trial that she drowned her twoyear-old son, Connor, and his 10-month-old brother, Jayden, in a bathtub in the family's home in Millet, south of Edmonton, in February 2010.

Her Canadian husband,

Her Canadian husband, Curtis McConnell, found the children's lifeless bodies in the water. Police had also phoned him to say his wife had driven to Edmonton, jumped off a freeway overpass and was in hospital. The CANADIAN PRESS





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'My passion comes from the fallout of the disease'

Inspiration. Kamloops woman's battle with Lemierre's syndrome drives her to pursue biomedical-engineering degree to help others



NOLAIS
ieremy.nolais@metronews.ca

Jessica Norman's body was shutting down and no one knew why.

She lacked energy, she was losing weight and initial suspicions among doctors that she had mono or pneumonia proved inconclusive.

Finally, one Sunday night in December 2011, the situation became dire. Norman's family doctor was stumped, so her



mother Johanna made the decision to rush the Kamloops, B.C.,

teen to the emergency room in her hometown.

"I say to my mom sometimes that she's my lifesaver," Norman said. "If she hadn't taken me that night, I don't know what would have happened."

The culprit was eventually determined to be Lemierre's syndrome, a rare bacterial disease that attacks the bloodstream. Only 0.8 cases of the syndrome are reported for every million people.

Norman survived and was released from hospital on Christmas Eve, but the battle had just begun. For about six months, she struggled to regain muscle mass.

"Previously, I played volleyball, basketball, soccer; I danced, I ran 10 kilometres with my mom — everything," she said. "Then it all turned 180 degrees just like that."

Jessica said the bout with Lemierre's changed her life.

Now, nearly two years later, she's put aside initial plans to

become a journalist and has just started working toward a biomedical-engineering degree at the University of Calgary.

Norman hopes to come away with a job developing medical devices — prosthetics, biological cameras and other machines that link to the body.

"My passion comes from the fallout of the disease," she said. "When I was debilitated for awhile, that's what changed me the most. So, I want to help create these devices to help people, not just those affected by disease, but anyone who has a disability and can't do the things I take for granted."

And Johanna, the lifesaver with a keen mother's instinct, couldn't be more proud.

"We're really supportive of her choice," Johanna said. "She saw some amazingly talented, young doctors.... I think they inspired her."



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for featuring an ad for a dating website that used a picture of Parsons, the 17-year-old Nova Scotia girl who

Facebook pulls Parsons dating ad

The use of photos of Rehtaeh Parsons in online dating ads posted on Facebook is upsetting but ultimately an inevitable reality of social media, an expert in Internet and privacy law said Wednesday.

Prof. Robert Currie of Dalhousie University in Halifax said companies are increasingly using automated programs that rip photos from websites, and it was only a matter of time before the now-ubiquitous image of the 17-year-old girl wound up somewhere it shouldn't have.

This is how technology works and it's another example of how little control anyone has over any image once it gets out into the Internet sphere," said Currie.

"It really seems to me to be an unfortunate accident that is causing a lot of grief and heartbreak to the Parsons family and others who loved this girl and who were disturbed by this case. But it's just the kind of thing that is going to happen."
The ads for ionechat.com

featured pictures of Parsons under the heading, "Find Love in Canada! Meet Canadian girls and women for friendship, dating or relationships.

Parsons hanged herself in

April and was taken off life support days later. Her family says her death was brought on by months of bullying following an alleged sexual

administrator of ionechat.com, Anh Dung, said the photos used in the ads were a mistake and taken randomly from Google by a so-called image scraper.

Facebook apologized for the ads, saying they were a "gross violation" of the company's policies and have been removed. It also said ionechat.com has been banned from advertising on its website. THE CANADIAN PRESS

Pro-rape chant. UBC society to donate \$250K for counselling, education

A University of British Columbia undergraduate society involved in a frosh week chant glorifying the abuse of underage girls has pledged to contribute \$250,000 for sexual-abuse counselling and education for students.

The university released a report Wednesday about the incident, saying student leaders of the Commerce Undergraduate Society will be held accountable because they did nothing to stop the offensive chant heard by most first-year business students.

However, the report found no evidence that any of the student leaders involved planned

or directed students to use the chant, though four of them resigned over the scandal last week. The report called the chant an "oral tradition."

The song students sang on buses going back and forth to the university from a hotel in Richmond, B.C., spelled out the word "young" with the lyrics, "Y is for your sister ... U is for underage, N is for no consent."

Robert Helsley, dean at the Sauder School of Business, said he will ensure such events don't happen again so all students can feel safe and welcome.

The entire UBC community must embark on lasting change that will make such chants

unacceptable, said university president Stephen Toope.

"We all need to be involved those who made serious mistakes and misjudgments, and those who didn't," he said in a statement.

Toope has appointed Louise Cowin, the vice-president of students, to lead a task force to come up with broader measures to address the problem.

Cowin said the task force, which will report back to Toope by early next year, will bring together academic experts in sexualized violence to consider what the university can do to make "transformative and robust change." THE CANADIAN PRESS



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U.S. firearms debate. Starbucks says guns not welcome, but not banned

Starbucks has always tried to set itself apart by taking strong positions on progressive political issues. Now that reputation has landed the company in the middle of the heated national debate over gun laws.

On Thursday, the Seattle-based company will run full-page ads in major newspapers, telling customers that guns are no longer welcome in its cafes. But Starbucks is stopping short of an outright ban, meaning that gun-toting customers will continue to be served.

The move comes as the company finds itself at the centre of a fight it didn't start. In recent months, guncontrol advocates have been pressuring Starbucks to ban firearms, while supporters of gun rights have celebrated the company's decision to defer to local laws.

About a month ago, Starbucks shut down a store in Newtown, Conn., early to avoid a demonstration by Let's talk numbers

\$13B

In 2012, the coffee company brought in over \$13 billion in total annual revenue, operating across 55 countries

gun-rights advocates. They had planned to stage a "Starbucks Appreciation Day," bringing their firearms and turning the company into an unwitting supporter of gun rights.

But for some, support for firearms runs counter to the Starbucks image. Part of the brand's attraction is the company's support of environmental issues and health-care benefits for workers.

Yet with over 7,000 company-owned stores across the country — in red states and blue — Starbucks is being forced to tread carefully with its special blend of politics and commerce.

THE ASSOCIATED PRESS



Athens: Clashes erupt after fatal stabbing

Violent clashes broke out in several Greek cities on Wednesday after a hip-hop artist described as an antifascist activist was stabbed to death by a man who said he belonged to the far-right Golden Dawn party. The death of Pavlos Fyssas, 34, drew condemnation from across Greece's political spectrum and abroad. While the extremist Golden Dawn has been blamed for numerous violent attacks in the past, the overnight stabbing is the most serious violence so far directly attributed to a member. KOSTAS TSIRONIS/THE ASSOCIATED PRESS

Richmond, Va.

Facebook 'like' ruled free speech

Clicking "like" on Facebook is constitutionally protected free speech and can be considered the 21st-century equivalent of a campaign yard sign, a federal appeals court ruled Wednesday.

The 4th U.S. Circuit Court of Appeals in Richmond reversed a lower court ruling that said merely "liking" a Facebook page was insufficient speech to merit constitutional protection.

Exactly what a "like" means — if anything — played a part in a Virginia case involving six people who say Hampton Sheriff B.J. Roberts fired them for supporting an opponent in his 2009 re-election bid, which he won. The workers sued, saying their First Amendment rights were violated.

The ruling protects free speech regardless of venue, whether a sentiment is expressed in the physical world or online.

THE ASSOCIATED PRESS

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Passengers watch in horror as bus barrels into path of VIA train

Ottawa. Impact kills driver, five passengers as witnesses view it all in disbelief

Passengers aboard a double-decker bus screamed "Stop! Stop!" as the driver plowed through a flashing level crossing and into a passing VIA Rail train Wednesday morning, killing at least six people and injuring many more.

The horrific collision sheared off the front of the bus and knocked the VIA locomotive and one of four passenger cars off the tracks.

Police confirmed six dead, while several area hospitals were flooded by 31 patients, in-

Unforeseen disaster

"We've lost six of our neighbours, people who started off this ... sunny day as we all did, heading from their homes and loved ones to go about their daily lives."

Ottawa Mayor Jim Watson, in a Wednesday afternoon press conference

cluding 11 in critical condition.

"People started screaming, 'Stop, stop!' because they could see the train coming down the track," said student Tanner Trepaniere, who was on the upper level of the new, double-decker OC Transpo bus.

"There was a lot of screaming, but then people were actually relatively calm, considering the situation," Trepaniere said of the aftermath.

"He must have lost his brakes," said Pascal Lolgis, who saw the bus go through the barrier. "Or he had an … attack or whatever… He just didn't stop."

"I was just looking around, just watching things happen," said another witness, Mark Cogan, who agreed the barrier was down.

"I just thought maybe there's a side way around or something, but instantly ... he went through the guard rail and just hammered the train and then it was just mayhem."

Ottawa police spokesman

Marc Soucy said officers responded at 8:48 a.m. Rescue crews swarmed over the mangled wreckage as ambulances, fire trucks and police vehicles flooded the scene.

The accident occurred just outside a suburban VIA station in the west end. The train tracks in the area cross both a major city street and a transit line reserved for buses only.

At a press conference, Mayor Jim Watson summed up the shock of the crash and its effect on the community.

"The sorrow that we all feel is deep and I'm sure shared by all residents of Ottawa, and in fact all of Canada," he said.

JOE LOFARO, GRAHAM LANKTREE, SEAN MCKIBBON, STEVE COLLINS/ METRO IN OTTAWA, WITH FILES FROM THE CANADIAN PRESS





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PRIMARY RESPONSIBILITIES:

- Development of creative executions for in-paper retail advertising, and print production knowledge
- Build strong collaborative relationships with internal and external clientele
- Quality assurance of design and layout prior to sending to clients, high degree of accuracy

REQUIREMENTS OF THE POSITION:

- Skilled in print, online and mobile graphic design, comprehensive and complete software knowledge including, QuarkXPress, InDesign, Adobe Acrobat/Distiller, Photoshop, and Illustrator
- Proficient on both Mac and PC platforms
- Ability to prep files for print production, including file stuffing (.sitx, .sit, .sea, .zip) and FTP experience
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive under pressure in a fast paced, multi-faceted and deadline driven environment with strong attention to detail (typography, copy, grammar, layout, images, colour, etc)
- Must be a quick problem-solver, who initiates projects and takes a pro-active approach.
- Must be highly skilled at multi-tasking, prioritizing workload efficiently, and tracking ad material.
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- 3+ years design experience within a media environment

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to <a href="https://example.com/ncarpotes-purple-results-submits-sub-results-sub-res







Sixth victim

Bus driver a 'very nice guy'

As family and friends mourn the death of five passengers, a Gloucester family is grieving the sixth victim: Bus driver Dave Woodard.

People who know the family said the driver's relatives were traumatized by the news.

Reached by phone, a neighbour expressed disbelief that Woodard was behind the wheel. "He was a very nice guy," said the woman, who didn't want her name published.

"I was just speaking with him yesterday and it just blew me away when I heard he was the driver."

Woodard had 10 years of experience as an OC Transpo bus driver.

"He was a great neighbour," she said.

"Very personable, would talk to anybody. I'm sure he would give you the shirt off his back if he could." JOE LOFARO/METRO IN OTTAWA

Investigation

Piecing the facts together

Transit officials gathered evidence and began to piece together what led to the collision Wednesday.

Glen Pilon, lead investigator for the Transportation Safety Board of Canada, said recording equipment could detail the speed the vehicles were travelling, whether they braked and whether they were working properly to determine the cause.

"My personal assessment was that he did not brake," said passenger Gregory Mech, who was on the second level of the bus. "Others said he broke a second before impact."

"We were all thrown forward," he said, "but as the train was going through the crossing it was still moving forward... We had a left-right shake."

Mech added that a sharp turn before the rail crossing may have been a factor.

"You don't see the crossing until you complete the curve," he said. GRAHAM LANKTREE/METRO IN OTTAWA



Ousted Egyptian leader Gunman visited Morsi speaks to family

Egypt's ousted president, Mohammed Morsi, told his wife and children he is in good health in his first conversation with his family since the military removed him from office and detained him in a secret location more than two months ago, one of his lawyers said Wednesday.

The phone calls were an apparent gesture by the military as authorities prepare to put Morsi on trial on charges of inciting the killing of protesters during his year in office — though no date for the trial has been set. Morsi's legal team has so far not been able to talk to him, said the lawyer, Mostafa Atteyah.

The trial of Egypt's first freely elected president is one link in a wide-scale crackdown on his Muslim Brotherhood that has eviscerated its leadership and much of its crucial mid-level organizers. More than 2,000 jailed Brotherhood members are facing potential prosecution in multiple cases.

Members of the Brother-



hood's legal team say the process so far has been confused and opaque, with their lawyers given little access to their clients or knowledge of the cases against them. Atteyah said they have not been able to attend Morsi's questioning

Morsi and more than a dozen co-defendants are to be tried for incitement over deadly violence at a massive anti-Morsi rally outside his palace in December.

and have not been shown the prosecutors' final case referring Morsi to trial.

The Islamist leader has been held almost completely incommunicado in an undisclosed facility since the head of the military ousted him on July 3 in the wake of mass nationwide protests against him.

Since then, the Brotherwhich dominated power during his year in office, has been reeling under the crackdown.

At least seven of the 18 members of the Brotherhood's top executive body, the Guidance Bureau, have been

THE ASSOCIATED PRESS

hospital ER weeks before rampage

Navy Yard shooting. Aaron Alexis wasn't stripped of security clearance despite mental illness

The Washington Navy Yard gunman visited two hospitals in the weeks before the rampage but did not say he was depressed or having thoughts of harming himself or others, the Veterans Affairs Department said Wednesday.

Aaron Alexis, a former Navy reservist who killed 12 people Monday before being slain in a police shootout, complained of insomnia during an Aug. 23 emergency room visit at the VA Medical Center in Providence, R.I. He was given sleep medication and was advised to follow up with a doctor.

He made a similar visit five days later to the VA hospital in Washington, when he again complained of not being able to sleep because of his schedule. His medication was re-

Law enforcement officials have said the 34-year-old man was grappling with paranoia, hearing voices and convinced he was being followed.

Two weeks before his ER visit, he complained to police



in Rhode Island that people were talking to him through the walls of his hotel room and sending microwave vibrations into his body to deprive him of sleep. Newport police alerted the naval station, and they did not hear from him again.

Meanwhile, Alexis's mother said Wednesday she does not know why her son opened fire at the Navy Yard.

"Aaron is now in a place where he can no longer do harm to anyone, and for that I am glad," Cathleen Alexis said. "To the families of the victims, I am so so very sorry that this has happened. My heart is broken." THE ASSOCIATED PRESS

lurder weapon

On Saturday, Alexis visited **Sharpshooters Small Arms** Range in Lorton, Va.

- He tried to buy a handgun, but federal law prevented him from doing so because he had an out-of-state ID, the store's attorney said.
- He then bought a shotgun and 24 shells. The law allows stores to sell shotguns and rifles to out-



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France's pretty little girls may be denied a stage

Move to ban beauty pageants for children.

After all, there are no mini-Mr. contests, lawmaker says

France's Senate has voted to ban beauty pageants for children under 16 in an effort to protect girls from being sexualized too early.

Anyone who enters a child into such a contest would face up to two years in prison and 30,000 euros in fines. A pageant organizer lamented that the move was too severe.

The Senate approved the measure 197-146 overnight, as an amendment to a law on women's rights. The legislation must go to the lower house of parliament for further debate and another vote.

"At this age, you need to concentrate on acquiring knowledge. Yet with mini-Miss competitions and other demonstrations, we are fixing the projectors on their physical appearance," said conservative lawmaker Chantal Jouanno, who authored the amendment.

Alleged pickpockets

Going incognito with fanny packs, comfy shoes and digital SLRs

French police say they have arrested a gang of pickpockets who dressed like tourists in order to target visitors to Paris' most famous museums and monuments.

The group was said to be sophisticated, dangling cameras from their necks to blend in, always buying entry tickets and slipping away unnoticed. They operated at the Louvre, the Musée d'Orsay, the Eiffel Tower and the Chateau de Versailles, bringing in as much as \$2,700 per day by grabbing the wallets of tourists, according to Commissioner Stephane Gouaud. THE ASSOCIATED PRES



Britain. Pragmatic ruling brings compromise to heated religious debate

In Britain this week, a judge struck a blow for religious freedom. Or for secularism. It depends on whom you ask.

Judge Peter Murphy ruled that a female Muslim defendant may stand trial wearing a face-covering veil — but must remove it when giving evidence. The compromise ruling had some insisting it backs a woman's religious right to wear the veil, and others saying it shows British justice remains independent and won't bow to religious demands.

The case has reignited a debate about Muslim veils that has flared across Europe, sparking protests and exacerbating religious tensions in several countries. Those ten-



sions exist in Britain, too, and attacks on Muslims and mosques rose after the May slaying of an off-duty British soldier by Islamist extremists.

THE ASSOCIATED PRESS



Make our senses sizzle

The seventh global Metro photo contest is calling on photographers to stimulate our judges' senses. This year's theme is the five senses, plus one. Photographers are invited to submit photos that illustrate each category — sight, sound, hearing, touch, taste and the sixth sense. A winner in each category will be chosen from participating countries with a global winner chosen from those photos. Among those top six photos, a grand prize winner will receive a six-day trip to Ghana with Reach for Change. Local winners, plus an overall winner for Canada, will be announced in the newspaper.

Submit photos at metrophotochallenge.com before Oct. 13, 2013



Sight: Jeanne Beker

Canadian fashion icon Jeanne Beker says her background as a mime artist taught her a picture is worth a thousand words. A photo that portrays spontaneity, elegance, drama, sensuality and charm will impress her. "I adore a photograph that tells or suggests an intriguing story," she said. "I especially love portraits, and the synergy between photographer and subject that can relate in a masterful shot," she said. Beker's career in fashion journalism, including as host of Fashion Television, has given her access to the world's greatest photographers.

Smell: Barb Stegemann

Businesswoman Barb Stegemann will judge the scent category of our contest not with her nose, but with her gut. "I think I will find scent in a photo by going with my gut reaction," she said. "I will then close my eyes and think a bit and come back to it. That is my process with most things." Stegemann is the CEO of 7 Virtues, a perfume company that sources essential oils from legal crops in Afghanistan to provide farmers an alternative to illegal poppy crops. Her favourite scent is the Afghanistan orange blossom. The scent can carry you away to what is good about a place and gives us a new way to honour the heritage and culture.'





Taste: John Jackson and Connie DeSousa

Co-owners and co-executive chefs of Calgary's CHARCUT Roast House, John Jackson and Connie DeSousa, know what kind of photo makes you salivate. "If it's a roast chicken the skin needs to be golden brown and crisp to the eye with a warm steam lifting from it and drips of juice dripping down the side," said Jackson. "Through our experiences working with such a great variety of food and being able to experiment over our careers with different flavour combinations, I think we have a good idea of what things would be delicious just by looking at the combination of ingredients in a photo," he said

Touch: Maria Franke

Maria Franke, the curator of mammals for the Toronto Zoo, is one of the few people who have touched a panda. And she knows that in the animal kingdom, things don't always feel like they look. "Their hair is actually quite coarse," she said. "Everyone thinks they look like a plush little panda - and they do look like that - but they're not as soft." Franke will use that experience to judge how well the sense of touch is conveyed in the photos. "A lot of people have misconceptions — they'll think snakes are slimy, when they're not. They're skin is really, really soft and smooth." When it comes to art, she likes simple, but wowing.



Hearing: Nonna Aroutiounian

Clarinettist Nonna Aroutiounian understands how music can evoke colour and texture in your mind. So, she's hoping the photos she judges will transcend the literal representations of sound — a photo of clarinet or French horn, for example and make her hear something wonderful. "From my experience, music is not just an audible thing. A lot of people experience music in colour — musicians translate how they're going to play by the colour they get when they hear sound," she said. Aroutiounian is an orchestral musician who has played all over the world, an arts manager and an entrepreneur, having recently co-founded the Toronto Pop-Up Orchestra.

The sixth sense: Douglas Coupland

Author and artist Douglas Coupland believes in the "sixth sense," and he'll recognize it in a photo. "There is obviously something out there. I don't know how or why it works, but we've all felt it and we all know it's real. That's the sixth sense," he said. He doesn't want a photo that just documents its subject, which, he said, would be merely "Instagram fodder." "A photo that works in 2013 has to stir your soul without being coy, manipulative, schmaltzy, cheesy, cliché, or a photo that tries to emulate someone else's photo. Success isn't about virality; it's about capturing something strong and real and eternal.





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metronews.ca Thursday, September 19, 2013

Low-key launch. BlackBerry's new phone has 5-inch screen

BlackBerry, amid minimal fanfare, unveiled another new smartphone on Wednesday, this time with a bigger screen that appears designed to attract users who want a midpoint device between a phone and tablet.

But the launch was largely overshadowed by the latest developments at its competitors and reports that the company is planning to deliver another round of major layoffs.

It's the latest setback for the company, which has been trying to regain ground in the technology market even as consumers seem to be increasingly losing interest in the brand.

Apple, Samsung and other rivals continue to release new

versions of their devices alongside a growing number of players in the tablet market. The new

BlackBerry Z30 comes with a five-inch screen, improved battery life and a

The BlackBerry Z30 has a five-inch display, which means it's about the same size as its competitor, the Samsung Galaxy S4. COURTESY BLACKBERRY

Major layoffs ahead?

- BlackBerry could lay off as many as 5,000 employees in the coming months in an effort to return the smartphone maker to profitability, according to a media report.
- The Wall Street Journal says executives are preparing to reduce the company's staff by as much as 40 per cent before the end of the year, citing people familiar with the matter.

faster processor than the models released earlier this year, and is about the

same size as its competitor, the Samsung Galaxy S4. BlackBerry took a relatively low-key approach to promote the new device on Wednesday.

Getting his 'n' hers out of the toy store

Christian Banos, 5 and his sister, Michelle Banos, 3, build a castle at Legoland Discovery Centre at the Vaughan Mills mall north of Toronto in this March file photo. Toys "R" Us in the U.K. recently pledged to move away from gender-specific marketing of toys — a commitment that has already been made by the retailer in Canada. But despite a push towards dissolving divisions of toys by gender on store shelves, the continued colour-coding and promotion of particular products as girl or boy-specific remains a contentious issue. The Canadian PRESS FILE

Thar she blows!

App helps ships avoid whales

U.S. officials trying to reduce the number of whales struck and killed by ships sailing in and out of San Francisco Bay are testing a new smartphone app that could help locate the creatures more accurately.

The Whale Spotter app would allow sailors, fishermen and marine scientists who spot whales to plot their location on an interactive map. The maps created could then be used by officials to recommend different vessel routes.

THE ASSOCIATED PRESS

Online privacy

LinkedIn asks to disclose FISA data

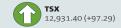
LinkedIn has asked a secret court to allow it to disclose the number of U.S. national security orders the company has received under the Foreign Intelligence Surveillance Act. On Wednesday, it joined four other companies — Google, Microsoft, Yahoo and Facebook — that have similar cases pending before the FISA Court.

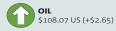
Among other reasons, LinkedIn said it wanted to disclose the information to address members' concerns about privacy and security. THE ASSOCIATED PRESS

Market Minute



DOLLAR 97.83¢ (+0.70¢)







Natural gas: \$3.73 (-1¢) Dow Jones: 15,676.94 (+147.21)

Distribution Assistant (part time)

Who We Are: Metro is Canada's most-read national daily newspaper brand. Metro targets YAMs (youthful, active metropolitans) and reaches more than 1.6 million readers daily and 3.9 million over the course of a week. Metro launched in Canada in Toronto in 2000 and in the spring of 2012, we launched in 6 new cities. In short – we're still growing!

When you join Metro, you become part of a cross-country community. We strive to provide a culture that is engaging, flexible and creative; we value our employees and their feedback.

PRIMARY RESPONSIBILITIES:

- Checking Vending boxes and Metro News delivery points
- Engage with our Metro dealers to provide the best delivery options
- Provide solutions and options for managing all our newspaper pick up points
- Processing collected field data

REQUIREMENTS OF THE POSITION:

- Organized, detail oriented, and computer savvy
- Familiar with the City of Calgary
- Presentable, confident and articulate
- · Able to work flexible hours
- Valid Class 5 driver license and reliable vehicle is a must

Interested individuals who possess the skills described above are requested to submit their resumé and cover letter via email to hr@metronews.ca no later than Sept. 20th, 2013. PLEASE QUOTE: "Distribution Assistant (Part Time) - Calgary in the subject line. All submissions will be treated as confidential.





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VOICES

metronews.ca Thursday, September 19, 2013

TAKE GUESSING OUT OF THE GAM

Hockey's off-season is over! What a terrible

couple of weeks that was. Without the lifeblood of hockey coursing through my veins, I was forced to have awkward conversations with friends about topics I'm not actually interested in, such as their friendship. But now that the Zamboni has had time to flood the ice not once but twice and the Chicago Black-

hawks victory parade has almost wrapped up, we can drop the puck again.

The new season has many storylines that will unfold on TV screens just over my first dates' shoulders this winter, so here's a look at my predictions for the 2012 14 NUL season. dictions for the 2013-14 NHL season.
Boston Bruins forward Patrice Bergeron,

metronews.ca who last playoffs fought through a separated shoulder, broken rib, torn rib cartilage, and a face that looked like it had been mulched, all in a losing cause, will produce a series of "For The Love Of The Game" youth-recruitment videos, causing Canadian enrolment to plummet.

The Phoenix Coyotes will celebrate their 1,000th customer. Florida Panthers goalie and Tea Partier Tim Thomas will once



John Mazerolle

again find himself in hot water politically, when a 1983 photo surfaces showing him shaking hands with Cuban communist revolutionary Fidel Castro. The New York Islanders, hit by years of

budget constraints, will send pink slips to all their left-handed shots. Management will promise to do "more with less."

Vancouver Canucks coach John Tortorella will show a new, softer side by letting reporters finish their questions before politely explaining that their questions are stupid and they should consider another line of work, like base jump-

ing.
This year's outdoor games (23 in all) will remind fans of a gentler, simpler time when games were played outside at an inconvenient distance for \$400 a

Newly acquired Dallas Stars forward Tyler Seguin, infamous for his partying, will run afoul of management when he's caught with an escort near the left face-off dot at the 13-minute mark of the third period.

In a hilarious gaffe that will be replayed on all of the highlight shows, a Raleigh man will accidentally pay full price for a Carolina Hurricanes ticket.

Pittsburgh Penguins superstar Sidney Crosby will transform from a whiny diver who thinks nothing of cheating and makes fans sick, to a feisty acrobat who will do anything to win and makes Canadians' hearts swell with pride, from Feb. 7 to 23 inclusive. Fans will have no explanation for the change.

The amount of hits to the head will be reduced thanks to a league-wide focus on each team's biggest players punishing transgressors by hitting them multiple times in the head.

Longtime Ottawa Senators forward Daniel Alfredsson will reveal in his first visit to the nation's capital as a member of the Detroit Red Wings, that HE WAS A SENATOR ALLALONG, hitting Red Wings coach Mike Babcock with a folded-up metal chair between the senator of the coach with the senator of the senator fore side-suplexing the entire Red Wings roster, then tearing his Red Wings sweater off to reveal the Sens logo beneath, with his

The NHL Network's new Gary Bettman Isocam will capture each thrown projectile and hurled insult at every game the commissioner attends (four in all).

The Toronto Maple Leafs will win the Stanley Cup.

ZOOM

My selfie ... inside a glacier



Enter the azure world of a glacier

A brave photographer risked his life venturing into a cave formed by a glacier, all to capture this self-portrait in the surreal icescape. Jonathan Tucker trudged through swamps and up a mountain for more than two hours to reach Mendenhall Glacier near Juneau, Alaska, 1,550 metres above sea level. The glacier is a staggering 21.9 kilometres in length. METRO

Photographer's view



"The glacier is constantly melting, so you never know if the

cave will collapse at any minute. It took my breath away. It was terrifying.

Jonathan Tucker, 27, landscape photogra pher from Whitehorse, Yukon

- Caves form as a glacier moves over a disorder in the ground surface and it detaches itself from the floor. The base layer reconnects with the ground layer, forming striations, thin parallel lines made up of sediment, which refreezes to the base of the glacier.
- Eisriesenwelt, in Austria, is 42 km long — the longest ice cave in the world.

Claustrophobia? Not a problem

Locals had warned Tucker that the water inside the cave was so cold he would have survived for just 10 minutes if he fell in. "I felt very claustrophobic at the beginning, but it started to pass as I was taking photos," he said. "However, I then heard a crack or movement of the glacier above me, which sounded like I was in the clouds in a thunderstorm." METRO



From mapping the mysteries of the mind to discovering the science of sex, there's no shortage of podcasts promoting science for the nonscientists. So rejoice, just because you don't have a PhD in molecular physics, doesn't mean you can't marvel at the mind-boggling universe. Give these three programs a listen:

Neuropod:

From the history of hypnosis to Alzheimer's origins, this podcast, found on nature.com, breaks down the scice in our noggins. No background in

Star Talk:

Internet-famous Neil deGrasse Tyson, nictured, keeps science cool by tapping into celebs for his (nearly) weekly pod-cast. Despite the name, Tyson doesn't just talk space — he also explores the science of "doing it."

RadioLab:

Covering a wide-range of topics from the history of the Heimlich manoeuvre to stories about the science of speed, the well-loved podcast freque



@metropicks asked: The emoticon marks its 31st anniversary. What's the one emotion for which you wish there was an emoticon?

@FrenchmanCanada: The "I was just being polite, I don't want you to send me more pictures of your DIY project" emoticon.

@CedricRichards: That one emotion for when you feel like a 90s kid

@AnneHavward2: walking on clouds; yearning/longing; dreaming; lots of them!

@NodalesA51: The "I just caught a

whiff of a weird smell and I don't want to know what it is "

@sheldoncoelho: "Thank you, Sorry and Please" because emoting it is easier than saying it. #JustSaying

@dsteele7: Straight-up unambiguous sarcasm. So many problems would be solved with a universally known/recognized sarcasm face

@Lissa3116: I think a drooling emoticon, #imweird #needitsometimes

@TravelWandering: Emoticon for this conversation is OVER'

Follow @metropicks and take part in our daily poll.

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From Here to Now to your stereo

Jack Johnson. The mellow maestro makes a return to the easy going anthems that made him famous

Want to hear the sound of pure contentment? Pop on the new Jack Johnson record.

If you thought the Hawaiian folk-rock singer was ultra mellow before, wait until you hear "From Here to Now to You.'

"I just write about whatever it is that's on my mind,' Johnson said. "This record has been a lot of just sort of being in the family in just kind of my own little bubble. Dropping the kids off at school, and just day-to-day life, just washing the dishes, working in the garden, taking the trash out. That's not necessarily what the songs are about, but that's kind of where I was living, in that space.

It's a very comfortable space. From Here to Now to You, out Tuesday, is his sixth album and moves away from the darker, more electric-oriented music on his last two albums, which were filled with songs affected by the deaths of his father and a cousin.

There's a gentle, rolling rhythm throughout the album's 12 tracks with a handful of love songs aimed at his wife and others examining

Making music

"This record has been a lot of just sort of being in the family in just kind of my own little bubble."

Jack Johnson Talking about the making of his new record



fatherhood. There's even one called, Washing Dishes.

The songs were mostly written on an acoustic guitar on Johnson's front porch on the North Shore of Hawaii, recorded in his studio and created with his friends, including his longtime band members, Ben Harper and producer Mario Caldato Jr., who recorded Johnson's second and third albums in the mid-2000s.

The process mimicked the way he started, before his platinum debut, Brushfire

Fairytales. "Music's always been about sharing to me," Johnson said. "The first chords I ever learned were basically so we could do Bob Marley songs on the front porch, and the Beatles and Cat Stevens. So when I started writing my own, it was the same thing, about sharing. Everybody's singing together. ... It's a very nice feeling. It's spiritual, you know. So I do like it. But I can have too much of it and I can

decide I don't need it for a

Which is what happened after he finished the tour for his last album. Johnson simply unplugged. And when he returned to the studio, he stayed that way, keeping it mostly acoustic. And if things didn't feel right, he just shut it down, setting songs aside that didn't resonate within the group or that grew difficult to tame in the studio.

"It's like we've always talked about as a band,"

Johnson said. "That term easy listening can have kind of a cheesy connotation for people, but we've always wanted to make our music easy on the ears. We're never really going for that kind of edgy thing that's kind of like breaking new boundaries. We've always felt part of a tradition, kind of like folk barbecue or something. We just try to go in and do the simplest form of the song we can and just make it easy on the ears." THE ASSOCIATED PRESS



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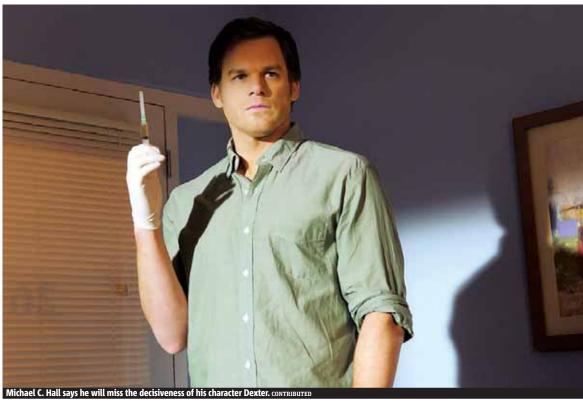
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His killing time is over

Dexter. As the series draws to a close, Michael C. Hall reflects on his complex character and what the future holds

Dexter Morgan's life seemed well-ordered at first glance, including the serial killer thing. That turned out to be unsustainable.

As Dexter reaches its finale, to air on Showtime Sunday at 9 p.m. Eastern, the character portrayed by actor Michael C. Hall is no longer strictly ruled by the code set down by his adoptive father upon noticing his son craved killing. Dexter was told only to murder people who are proven killers themselves and likely to kill again, and to thoroughly cover his tracks. The narrative device made it possible for viewers to tolerate, even like, someone who did reprehensible things.

"He's so far from anything I experienced him to be at the beginning." Hall said over lunch, a few weeks after filming the 96th and final episode of the series that began in 2006.

"He's the same character, but he's in many ways a different person," Hall said. "He had successfully compartmentalized efficient killing and convinced himself that he is, in fact, incapable of authentic human emotion when we first met him. But that all falls apart, slowly but surely."

Without the writers providing challenges, Dexter ran the risk of becoming an unimaginative murder-of-theweek procedural. Dexter's boundaries were most severely tested at the end of the fourth season when his wife, Rita, was killed and in season six when his half-sister, Debra (real life ex-wife Jennifer Carpenter), saw him knifing someone in the chest.

"I've always thought that it was more interesting to challenge the audience's affection for the character and to move him into choppy waters," Hall said.

He can appreciate people who say they like his work in Dexter. People who say they like Dexter is something else entirely, although Hall has his theories about those fans.

"We live in a world where we have an increasing sense that we're not in control ... and Dexter, in his micro way, controls his universe and that is very appealing to some people," he said. "We all have a sense of injustice in the world, and Dexter is certainly exacting some form of justice within the confines of his own."

Of course, he said, "maybe

Best mistake he ever made

Many fellow actors and friends told Hall he was making a mistake when he took the role of Dexter. A show about a serial killer? Who'd want to watch that? "I've certainly had the thought that I should quit while I was well ahead," he said. "When Six Feet Under ended, I imagined I would never do another television series, just because I thought it would be impossible that I would be so lucky that I would find something as successful. I've learned never to say never."

it's not that deep. Maybe people have murderous impulses they don't act upon and enjoy watching somebody who gets away with it."

Dexter is going out strong. Ratings are higher during the current eighth and last season than they've ever been. That's a familiar pattern for many critically-acclaimed cable series that see their audiences grow as new fans discover the stories and binge on them while the show is on hiatus.

The series was pivotal to Showtime's development, said Matthew Blank, the network's chief executive. "It really felt like this is what Showtime should be," he said. Homeland and Ray Donovan may not have existed without its example.

Showtime will look for ways to keep the character alive even after Dexter ends, Blank said. He wasn't clear on how that would happen.

Hall, 42, is measured in how he makes sure to say nothing revealing in advance about the finale. ("Some people will be happy with it, some people will be troubled by it," he said. "Perhaps some people will be a combination of those things.")

He will miss certain things about playing Dexter. The character was decisive and didn't hesitate to take action, even at times of extreme stress and even when that action was morally questionable. He's looking forward to portraying people whose emotions are not stunted or buried

Projects that aren't openended like a TV series are interesting to him now.

Hall was very active onstage before joining Six Feet Under. He's filmed roles in two movies that aren't big stretches from past characters: a manipulative, gay janitor who gets murdered in Kill Your Darlings and a man who shoots and kills an intruder in Cold in July.

THE ASSOCIATED PRESS



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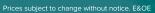


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How will the cards fall on Emmy night?

Predictions. It's a historic year in the world of TV awards, with House of Cards the first online show to nab a nomination

Emmy Awards crystal-ball gazing was so much easier in the old days, circa the last few years: ABC's Modern Family would be honoured as best comedy series and a cable show, Homeland or Mad Men or such, would win best drama.

Modern Family may earn its fourth consecutive trophy Sunday's ceremony. But the drama picture is murkier because of Netflix's House of Cards, the first online program to be nominated for top series honours under a 2007 Emmy rule allowing digital contendtake as long as six years-plus for the world to start looking to this new explosion of original content," said Rob Barnett, who moved his career from cable (MTV, VH1) to online as founder and CEO of My Damn Channel. "But it's clearly happening.'

Whether House of Cards will actually claim the trophy is another matter. It took more than a decade before a cable show, HBO's Sex and the City, prevailed as a top series winner; in an impatient world, might House of Cards compress the time frame?

Or it is possible that astute Emmy voters smacked their foreheads, realized they had yet to crown AMC's Breaking Bad as TV's best drama and made amends? They should have, we say in unison. Here are some predictions for the 8 p.m. EDT ceremony on CBS hosted by Neil Patrick Harris who, no Ouija board needed,

Drama series

Should win: Breaking Bad. It's at the height of its power, and Walter White knows where

Will win: House of Cards. Ambitious politician trumps ambitious drug dealer in Washington-bedazzled Hollywood.

Comedy series

Should win: Louie. Life can be brutal, but also brutally funny in Louis C.K.'s hands.

Will win: Modern Family. It's comfortably amusing and academy voters like it, they really like it.

Actor, drama series

Should win: Jon Hamm, Mad Men. Don Draper finally confronts his pain and what he's done to others. Hamm's trophy



of Cards. Take that, movies! TV is better than ever, and honouring a visiting big-screen star drives the point home.

Actress, drama series

Should win: Kerry Washington, Scandal. She offers a powerhouse performance that keeps the madcap series spinning but not out of control.

Will win: Kerry Washington, Scandal. Don't overthink what will be an unprecedented African-American victory; she simply deserves it.

Supporting actor, drama series

Should win: Bobby Cannavale, Boardwalk Empire. Of course he can bring a fresh spin to a gangster role; what can't this actor do?

Will win: Aaron Paul, Breaking Bad. His character's vulnerability is habit-forming, and he's poised for his third consecutive

Supporting actress, drama series

Should win: Christina Hendricks, Mad Men. When the going got tougher so did her character, and Hendricks soared.

Will win: Anna Gunn, Breaking Bad. It's the embattled Mrs. White's turn to shine.

Actor, comedy series

Should win: Don Cheadle, House of Lies. There was a reason for his upset Golden Globe victory over Alec Baldwin and other past winners.

resistible.

Actress, comedy series

Should win: Laura Dern, Enlightened. If you're looking for layered humanity in any character, she's your woman.

Will win: Julia Louis-Dreyfus, Veep. She wears power and the lunacy of ambition well. Elaine who? THE ASSOCIATED



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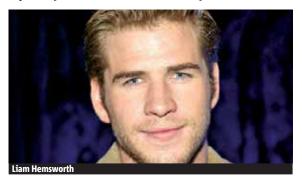


Public showers aren't really Paltrow's thing

And here we thought the people who brought flip-flops to wear in the gym shower were high maintenance — but they don't touch Paltrow. The actress reportedly has an assistant

go in and wipe down her gym's shower before she uses it.

"She refuses to touch what she calls 'somebody else's shower water,'" a source says.



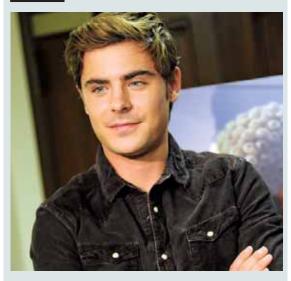
Hemsworth gets lucky in Las Vegas

Liam Hemsworth seems to be taking his split from fiancée Miley Cyrus quite well. The Paranoia actor reportedly hit it off with singer-actress Eiza Gonzalez in Las Vegas after they had "just met," chatting over drinks at a nightclub, according to TMZ. And back in L.A., Hemsworth was spotted stopping by her apartment to drop off a piece of luggage — and engaged in quite the passionate lip-lock in the parking garage.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



It was cocaine, not booze that sent Efron to rehab: reports

THE WORD Melinda Ta

Melinda Taub scene@metronews.ca

Zac Efron's people came clean yesterday and said that he'd recently completed a stint in rehab for alcohol abuse.

However, that burst of honesty may have been a bit of sleight of hand to distract from something they still didn't want to talk about: It was reportedly cocaine, not alcohol (or not just alcohol), that drove the once squeaky clean High School Musical star to seek treatment.

According to TMZ, Efron's problem was at its worst this spring, when he missed several days of filming on Seth Rogen's Neighbors due to his cocaine abuse.

Uh... so? I mean yeah, cocaine's illegal and a harder drug, but am I the only one surprised that this is such a big deal?

Addiction is addiction, and he's in treatment for whatever it was. Also, everyone in Hollywood seems to do drugs.

Betty White probably does drugs. How else could she be so perky at her age? **Twitter**



aplusk

Yesterday was today's author and today will be tomorrow's but we each hold our own pen.



@lenadunham

You guys, not trying to brag but I was in an elevator with a model.



@SethRogen

"If you pedal uphill enough, peddling flat feels like going downhill." - Lance Armstrong's biography I'm writing in my head.



What do you get the singer who has it all? A bong

Madonna didn't hold back when taking part in a recent Reddit Ask Me Anything session, fielding all sorts of questions from the online community. For example, the last dream she remembers having that she's willing to share? "Brad Pitt and I were living together and there was a small blond child in the bed," she responded. "Sorry Angelina, it was only a dream." And how about the best birthday present she's ever received? "I got a bong in the shape of a penis," Madonna replied.



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My first fashion week

Even the most jaded, poker-faced fashion industry vets started out as bright-eyed youth excited to get a standing room only ticket. We asked a few seasoned insiders to recall the moment of their first entry into fashion's hallowed runway shows.

METRO WORLD NEWS

Lara Mullen, model

"Having been scouted by my model agency Premier two weeks before the shows, I suddenly found myself en-route to New York with a set of polaroids and my auntie Wendy. Many surreal moments followed which certainly got the adrenaline pumping! From balancing in sky scraper heels at Alexander Wang (my very first show), to walking the Prada Milan exclusive to Gisele coming to my rescue at Givenchy, after the strap of my shoe





Dani Stahl, style editor-at-large at NYLON

"Whilst interning at Elle magazine I was writing my senior college paper on Betsey Johnson, so my boss took me into the show. I stood all the way in the back and desperately tried to take pictures. I could barely even see but I thought it was the greatest thing that could ever happen."

Sam McKnight, hair stylist

"The year 1985 in London was all very 'ab fab.' There was a lot of attention on all the club culture and the New Romantics. For Katharine Hamnett's first show we did these kind of flick-up, Miss Moneypennystyle wigs. Afterwards Lynne Franks, the PR guru (and my agent at the time) threw Katharine a big party at a warehouse in Covent Garden. Lynne made me go home and get one of the wigs from the show so she could wear it. We couldn't find the headband that went with it so Lynne ended up using a tea towel wrapped around her head. That kind of sums up the energy of the time. It was just about having fun. The whole thing was incredibly creative."





Fred Butler, designer

"I was interning for AsFOUR in 2001 when they had an exhibition at Colette during Paris Fashion Week. They took me everywhere with them that week and it involved a lot of partying. As a student from Brighton it was ridiculously exciting. The first night I found myself being interviewed by Jeremy Scott for MTV who was asking me what my favourite thing about Paris Fashion Week was. Surrounded by the camera crew, I couldn't answer. I was in shock by the whole surreal situation.

Tom Pecheux, makeup artist

"I was assisting at a Chloé show that featured all the supermodels like Christy, Naomi, Linda and Claudia. They all wanted their makeup done by the lead makeup artist or the other assistant that they already knew. No one wanted me so I went to get a coffee. When I came back Christy Turlington was sitting on my chair. I asked her if she was waiting for someone to do her makeup and she said, "No, you can do it if you want." I was so happy but also so afraid. My hands were shaking the entire time. Christy isn't only a beautiful model, she's also a wonderful person.'







Chicken Chili Burritos: Guilt-free fast food

CO-OP

Best Fresh

These burritos are still a bit of an indulgence, but ground chicken lightens the filling.

1. In large saucepan, heat 1 tbsp of the oil over mediumhigh heat; cook chicken, breaking up with spoon, until no

CAULIFLOWER Large size, Produce of Manitoba

longer pink, about 8 minutes. Drain fat from pan. Transfer chicken to bowl and set aside.

2. In same saucepan, heat remaining oil over medium heat; cook onion, garlic, oregano and salt until soft, 3 minutes. Stir in

tomato paste; cook 1 minute.

3. Return chicken to pan. Add tomatoes and chili powder; bring to boil. Reduce heat to medium; simmer, stirring occasionally, until thickened, about 15 minutes.

4. Spoon chili onto centre of each tortilla; sprinkle with Cheddar. Fold in bottom and sides; roll up. Place, seam side down, on greased baking sheet.

5. Broil burritos, about 6 inches (15 cm) from heat, until crisp and golden, about 10 minutes



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Ingredients

- 2 tbsp vegetable oil
- 1 lb (450 g) ground chicken
- 1 onion, chopped
- 2 cloves garlic, minced2 tsp dried oregano
- 1/2 tsp salt
- 2 tbsp tomato paste
- 1 can (28 oz/796 ml) diced tomatoes
- 3 tbsp chili powder
- 4 large flour tortillas
- 3/4 cup shredded Cheddar

Lunch. Smoked Ham, Brie & Cranberry Sandwiches

"The cranberry sauce or onion marmalade in this sandwich definitely makes it one for adults," write the experts from The Canadian Living Test Kitchen in Best Recipes Ever Vol. 2.

"For a more kid-friendly lunch, use a fruit spread instead."

1. Spread cranberry sauce over cut sides of bottom halves of rolls. Divide ham and Brie cheese evenly over cranberry

Ingredients

- 2 tbsp whole-berry cranberry sauce or onion marmalade
- 2 whole wheat kaiser rolls,
- halved
- 4 oz (115 g) thinly sliced smoked ham
- 2 oz (55 g) Brie cheese, sliced
- 2 leaves lettuce

sauce; top with lettuce. Sandwich with tops of rolls.



Best and easy, too



CBC Television and Canadian Living have teamed up again to offer foodies a second volume of the Best Recipes Ever cookbook.

Chapters in the sequel to the show's (Best Recipes Ever airs weekdays on CBC TV at 3 p.m.) best-selling book include: Weeknight Dinners, Weekend Dinners, Light & Lovely, Rise & Shine, On the Go and Sweet Treats.

Meanwhile, among the specific recipes are Cioppino, Tangine of Beef with Prunes, Raspberry Chipotle Wings, Frozen Peanut Butter Pie and more. METRO



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MORTGAGES 31

Home purchase price. Be wary of hidden fees



For Metro

Homebuyers, prepare your-

selves. Experts recommend setting aside approximately two to three per cent of a home's purchase price for "hidden" fees such as:

Realtor fees: If you are sell-

ing a home while in the process of buying a new one, and have used a realtor, you will pay a hefty fee for their service. The going rate in Canada is seven per cent on the first \$100,000 and 3.5 per cent on the remaining purchase price balance.

Legal: To finalize your home purchase you will have to hire a lawyer/notary to process the deal

Land transfer tax: This is

likely the most expensive aspect of closing costs for a resale home, which is typically less than two per cent of the value of the property. It is a provincial or municipal fee for a change in real estate ownership.

ship. Closing adjustments: Disbursements are property expenses that sellers have paid and need to be reimbursed for such things as utilities, munici-

pal property tax, and condo or maintenance fees.

Home inspection: Though home inspections cost as much as \$500, they can save major headaches later on. Inspectors render an opinion on the condition of the property and state what needs replacement or repair. If there is something majorly wrong with your property, an inspector should be able to detect it and your real-

tor can advise on whether you should proceed with the purchase.

Appraisal fees: These typically range between \$150 to \$300. However, if a mortgage is insured through the Canada Mortgage and Housing Corporation, Genworth or Canada Guarantee, the fees are generally waived. Appraisals are a tool to help buyers determine a home's market value.

GST: If you are buying a new home, you will pay GST, and may qualify for a rebate.

Interest adjustments: This is the amount of interest you will need to pay between the date of your closing and first mortgage payment.

Other hidden fees include home and title insurance, utility hook-up costs, an Estopple certificate (for condominiums), and moving costs.



Budget rules

Stats show that people who track their money and set financial goals are far more likely to achieve them compared with those who don't.

Homeowners, in particular, need a budget in order to track their expenses, of which there can be dozens each month, and ensure they don't wander financially astray.

Create a new spreadsheet or download a budget tracking tool from your bank's online website, the Canada Mortgage and Housing Corporation, Mint.com, or Google documents.

Start by listing all your sources of monthly income — employment, freelance work, royalties, consulting, child support, alimony, government support, bottle returns, etc. Total it up.

Next, list your sources of expenses. But when you do this, put your mandatory expenses up top like retirement savings, mortgage payments, taxes, insurance, condo fees, loan payments, utility bills, home maintenance and groceries. Nice-to-have expenses, such as dinners out with friends, should be listed below. Total up

Increase your income

 If your budget is squeezed each month, increase your income and try the following get a second job, work extra hours, take on freelance or consulting work, hock your possessions on Kijiji, get a roommate, or rent storage space.

your expenses.

When you subtract your total expenses from your total income, you have your bottom line. If you are in the red, you will need to cut back on nice-to-have expenses and/or increase your income.

As a homeowner, the biggest favour you can do yourself is budget for regular home maintenance like furnace cleaning, and plan for the unexpected like a water heater conking out or sink dripping through the floor. Most experts recommend you have between one and three months worth of salary set aside for "just-incase" home expense surprises. LESLEY SCORGIE



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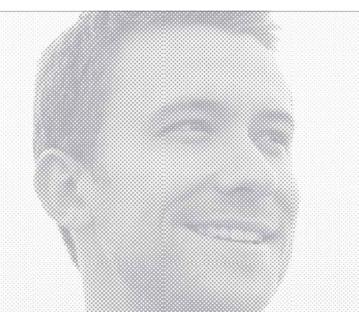
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Warm up to chilly weather in style

Got a light, airy decor and want to make it warm and cozy for the fall? Use neutral colours like grey, black and brown and add a few textures here and there; you'll have a space that looks just as stylish throughout the winter as it did last summer.



Synthetic cowhide

Throw this over a larger rug for a layered look and cozy feel underfoot. Looks like the real thing! Synthetic Cowhide, Nevada in Camel & Beige, \$249, homesav.com.



Brushed velvet drapes

Keep out cool winter drafts in style. Brushed Cotton Velvet Drapes, from \$199, restorationhardware.com.



Mohair throw

This will become your best friend on those snowy, grey days. Cuddle up with a good book in style. Mohair Throw with Fringe, \$199, zarahome.com.



Electrical fireplace

Handsome Scandi-1970s design that adds optional heat during those chilly nights. Slips into the closet during summer months. Aspen Pedestal Electric Fireplace, \$249, homedepot.ca.



HIGHLIGHT ROOM'S FOCAL POINTS

WITH SOME PAINT

While an entire home renovation is not always feasible, there are ways to dramatically make over the home using paint. By highlighting the focal points of a room, like the flooring, a staircase, or a fireplace with carefully curated colour choices, these surfaces become style showstoppers in the home.

Sharon Grech, a colour and design expert at Benjamin Moore, explains how to paint unexpected surfaces for maximum

PAINT THE FIREPLACE

A warm, glowing fireplace sets the mood as the weather starts to chill. To update the look of an outdated fireplace, all it takes is some paint, good quality tools and some elbow grease.

STEP ONTO STYLE

A technique that's trending among



designers as a quick way to revitalize a space is through painting the flooring. Painted floors can hide a multitude of sins, like faded hardwood, cracks

and chips and outdated tiles. As with most painting jobs, the floor must be completely sanded, cleaned to remove all dust and debris, and, in some cases, primed before the paintbrush can touch the floor.

PAINT OVER PANELS

Wood panelling on walls can make your home look like it is stuck in the 1970s. Rather than spending time and money to strip the panels, modernize them by painting them with a fresh coat of paint. The texture of the wood will still come through, which adds complexity and visual interest to the space.

A STAIRWAY WITH PIZZAZZ

What better way to make a bold impact than with a beautifully painted staircase? Add a stencil pattern to a traditional white riser for a touch of whimsy, or even paint each riser a different colour to really stretch your creative muscle. Often a major focal point in the home, painting the staircase adds a wow factor in both traditional and contemporary settings. A designer trick for a sleek modern look is to paint the entire staircase, including the handrail, one solid colour.

– News Canada

It's often referred to as the land of bountiful opportunity, and now real estate developers are watching Saskatchewan with a keen eye.

The beautiful Prairie province's economic growth and economic potential should be seen as a wealth of opportunity for the real estate sector, says Jaimey Midtdal, spokesperson for the Red Door Venture Group.

The Regina-based real estate marketing company has jumped on the province's solid economic foundations and is starting to build a variety of some of the best valued homes in the area, Midtdal says.

"The boom in immigration and increased job opportunities are making Saskatchewan one of the best places in Canada to buy a home. It's growth we're proud to be a part of."

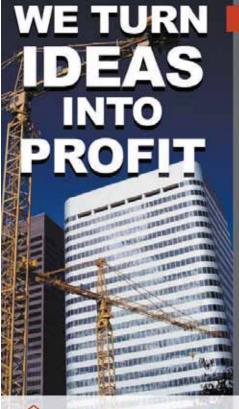
The company joins creative forces with outstanding local developers to deliver highquality developments across the province. The vast amount of undeveloped land in Saskatchewan has left the real estate market open for new and innovative real estate opportunities for developers and for buyers, Midtdal says.



"The province's solid economic foundation has allowed unprecedented growth in Saskatchewan and the real estate market has followed suit."

Red Door Venture Group works with developers from the land acquisition stage through to the concept design and sales, which in turn produces leading developments for clients.

For more about Red Door Venture Group, or to schedule a complementary consultation, visit RedDoorVentureGroup.ca.



WHO ARE WE?

Red Door Venture Group is a multi-faceted firm dedicated to real estate developers that are looking to make their mark in the booming province of Saskatchewan.

Our commitment is to produce turn-key developments for clients from land acquisition to concept and design to sales. We have an easy all-service system available to our clients.

Whether you are a long-term Saskatchewan developer or a new developer interested in Saskatchewan, we are the ones to turn to.

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Brookfield communities are not just places where you live, they're places where memories are made, experiences are shared, and people and families grow - together. New Brighton's new private residents' club is the perfect place to gather, while the pond, pathways and parks provide a beautiful backdrop. And with restaurants and shops just a short walk away - there's always something to do in New Brighton.



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LiveBrookfield Wive_brookfield



The crisp air, the crunching leaves, a mug of hot tea — fall is a glorious season. Calgary homebuyers are taking full advantage of the pleasures of fall at New Brighton, a masterplanned community that's currently selling in the city.

"We designed New Brighton so that our residents could have as many opportunities as possible to enjoy the outdoors," says Jennifer Eaton, Calgary interactive marketing co-ordinator for Brookfield Residential, a developer throughout North America. "Access to nature is what our buyers are looking for, and we listened. New Brighton is all about having an active lifestyle."

The development includes a thoughtful mix of community, recreational facilities and plentiful natural space — for everyone from couples to young families to older folks to enjoy.

New Brighton offers townhomes from the \$280,000s, and homes with double attached garages starting in the \$400,000s.

Kristin South and her husband recently bought a home in New Brighton after searching for years for an affordable home with a good-sized yard in the south of the city.

"We found what we were looking for with Cedarglen in New Brighton," she says. "A new home, on a great lot, in an amazing community within our budget."

On beautiful days, residents always have the great outdoors at their doorstep, but when the weather is inclement, New Brighton residents can enjoy the 6,500-square-foot New Brighton Club, which provides a diverse array of activities, meetings and club events for the whole community.

The New Brighton Club is a great place to meet your neighbours, Eaton says.

"We've got extensive facilities here, including playgrounds, a water play area for kids, as well as basketball, volleyball and tennis courts. We even have our own outdoor ice rink in winter."

Residents will have even more opportunity to expand their active lifestyles in 2014 with the opening of the New Brighton Regional Athletic Park. The four multi-sport natural turf fields and baseball diamond will be equipped with change room/washroom facilities and 260 parking stalls for players and spectators.

To find out more about New Brighton and the homes available in this community, visit livenewbrighton.ca.









AFFORDABILITY IN A TRENDY NEIGHBOUR

Real estate's mantra has always been "location, location, location."

Sable Developments has a long history of prime inner-city redevelopments and recently announced its newest project, 916 Memorial, a 37-condo collection coming soon to the north side of the Bow River in Calgary's historic Sunnyside neighbourhood.

"Affordability in trendy neighbourhoods that offer walkability and lifestyle amenities has always been the motivator for Sable Developments' projects," says marketing manager Lara Grimm.

The project will be a collection of "renew condos," existing apartments that have been restored and renovated into condos.

The 916 Memorial redevelopment will give buyers an opportunity to afford a modern home with an easy-to-maintain interior in a character building that maintains its charm and aesthetic.

Prices at 916 Memorial start at \$229,900 for a one-bedroom, an achievable price for first-time homebuyers, Grimm says.

"It's about enhancing communities by increasing the value of real estate without driving first-time homebuyers out of the market."

The homes range from one to two bedrooms and from 500 square feet to 800 square feet in the five-storey concrete

building. Every condo has high-quality finishings and a contemporary design, including Caesarstone quartz countertops, chrome hardware, stainless steel undermount sinks, walk-in closets and glass tile accents in the kitchen and bathroom.

The homes also include modern features designed to simplify residents' lives, including stainless steel EnergyStar appliances and USB outlets for plugging in tablets, phones and other electronic devices.

Convenience is just as important as style, Grimm says. Each suite comes with its own washer and dryer, stacked for maximum space efficiency. There is

also a bike room off the lobby entrance so residents don't need to cart their bikes up the elevator.

Many amenities are also available a short walk away in Kensington.

"There are so many established coffee shops, bars, restaurants and boutiques that there's always something to see and do here," Grimm says.

If residents need to venture downtown, it's just a quick walk or bike ride away across the Peace Bridge, or a quick ride from Sunnyside LRT Station, just a fiveminute walk from the development.

Register online now, sales start this month. For more, visit 916Memorial.com.



36 SPORTS metronews.ca Thursday, September 19, 2013

'Evil Empire' eyes another WHL title

WHL. Winterhawks have grown used to and expect nothing less than another trip to the Memorial Cup

In five seasons, the Portland Winterhawks have been transformed from the Western Hockey League's most dysfunctional franchise into league champions who came up one win short of a Memorial Cup title in May.

Despite losing stars like Seth Jones and Ty Rattie, the Winterhawks are still loaded and expect to be in contention for a repeat trip to the Memorial Cup when the season kicks off Thursday.

"We've had the target on our back for a while now, and everybody's going to be after us," said Portland centre Chase De Leo, a 2014 NHL draft prospect. "People talk about us as the 'evil empire' and we thrive off of that."

Portland will raise a WHL championship banner to the Moda Center rafters before Friday's season opener against Prince George. The game will mark head coach and general manager Mike Johnston's first appearance behind the bench since he was suspended in November for the remainder of last season as part of sanctions handed down to the franchise



From left: Nicolas Petan, Ty Rattie and Seth Jones celebrate a Portland Winterhawks goal against the Halifax Mooseheads during the second period of Memorial Cup final last May in Saskatoon. Despite losing stars like Jones and Rattie, the Winterhawks still expect to contend for a repeat trip to the Memorial Cup. LIAM RICHARDS/THE CANADIAN PRESS

for improper player benefits.

"Any time you have a good run, everyone in the league wants to knock you off," Johnston said. "Teams are going to give us their best and we have to be better than them."

Assistant coach Travis Green

led the team through the rest of last season, including a six-game triumph over the Edmonton Oil Kings that earned Port-

land its first WHL title since 1998. In the off-season, Green left Portland to become head coach of the Vancouver Canucks' AHL affiliate in Utica, N.Y.

Six teams enter the season with new head coaches, though several are familiar faces in the league. Kevin Constantine is back for a second stint with the Everett Silvertips after a successful tenure with the team from 2003-07.

Pats up first

Swift Current visits Regina in the only game Thursday, while 16 other teams get their seasons underway Friday.

Former Brandon and Kootenay coach Cory Clouston takes over behind the bench in Prince Albert, and ex-Moose Jaw coach Dave Hunchak assumes control in Kamloops.

THE CANADIAN PRESS

NFL

RG3 ready to run more to spark winless Redskins

Look for Robert Griffin III to start running again.

The Washington Redskins quarterback said Wednesday that he might start running the ball more to help give his team a much-needed spark after an 0-2 start. THE ASSOCIATED PRESS

NHL

Bissonnette to protest 10-gamer

Paul Bissonnette is appealing his 10-game suspension for leaving the bench to start an altercation, his agent confirmed.

The NHL handed the Phoenix Coyotes enforcer an automatic suspension for leaving the bench on an illegal line change after Los Angeles Kings forward Jordan Nolan hit and injured defenceman Rostislav Klesla. Bissonnette was set to miss the Coyotes' first 10 regularseason games and forfeit \$37,820.51 US of his salary.

THE ASSOCIATED PRESS

CFL



"I'll be excited and ready to go just because I'll be

playing against guys I practised against the last 10-to-12 years."

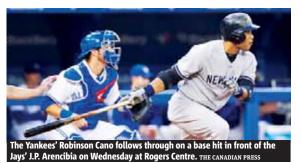
Saskatchewan receiver Geroy Simon who needs just six catches to eclipse Ben Cahoon's career completions mark of 1,017 when the Roughriders play the B.C. Lions Sunday.

Expectations for Sam

"I'm trying not to focus on the draft part too much, you have to just forget about that and focus on your game when you step on the ice."

The Kootenay Ice's Sam Reinhart, the early favourite to be the top pick in the 2014 NHL draft.

Yankees get Wells-earned win over Jays



Vernon Wells doubled in two runs to key a four-run eighth inning as the New York Yankees snapped a four-game losing streak on Wednesday with a 4-3 comeback win over the Toronto Blue Jays.

Left-hander David Huff (3-1) allowed one run in 3 2/3 innings of relief to pick up the win. Mariano Rivera — who is retiring at the end of the season — pitched 1 1/3 innings to earn his 44th save of the

season.

Toronto (69-82) took a 3-0 lead into the eighth inning on the strength of home runs in the fourth inning by Colby Rasmus and Ryan Goins, the first of his major-league career.

Left-hander J.A. Happ had a strong start for the Blue Jays, striking out seven over seven innings. He was removed for left-hander Aaron Loup after Brendan Ryan led off the eighth with a double to start the Yankees rally.

Curtis Granderson followed up Ryan's hit with a single and right-hander Steve Delabar replaced Loup and struck out Alex Rodriguez. Robinson Cano then singled in a run and Alfonso Soriano doubled in another run.

That set the stage for former Blue Jay Wells to double in two runs and give the Yankees a 4-3 lead.

THE CANADIAN PRESS

Speedskater stands up to Russia's anti-gay laws

Anastasia Bucsis.

Calgary athlete strives to be role model for others in LGBT community

Canadian speedskater Anastasia Bucsis, who announced she was gay via Twitter earlier this month, is joining the fight against Russia's anti-gay laws.

She is teaming with Athlete Ally, an advocacy group focused on ending homophobia and transphobia in sports. The organization has denounced the anti-gay laws recently passed by the Russian government and is circulating a petition that urges world leaders to put pressure on the Russians to eliminate the law, which prohibits promotion of "non-traditional" sexual relations.



Speedskater Anastasia Bucsis has stepped up in the fight against anti-gay laws in Russia. GETTY IMAGES FILE

The law has drawn harsh criticism since it was passed in June with some activists calling for a boycott of next winter's Sochi Olympics.

Bucsis is one of only a handful of openly gay Olympic-calibre winter athletes around the world. While her family knew she was gay, Bucsis came out publicly during Calgary's gay pride parade in early September.

"I'm proud to be from Calgary, I'm proud to be an athlete, and I'm proud to be gay," she tweeted.

On Wednesday, she said

"Sport is a human right and everyone deserves the ability to participate and play." Anastasia Bucsis

taking on an advocacy role "seems natural" because she is proud of who she is.

"I started speedskating at the age of four, and wasn't aware of any other gay skaters when growing up," she said in a statement. "During my coming out I was very anxious and lonely because I lacked having an out athletic role model. I didn't have any other gay athletic friends, or any mentors that I could readily turn to for advice or support. I am ready to help any athlete out there who is considering coming out of the closet. It's the best decision I ever made."

THE CANADIAN PRESS

NHL

Jets extend GM Cheveldayoff's contract

The Winnipeg Jets are giving general manager Kevin Cheveldayoff the same security they give their star players as he tries to turn the team into a playoff contender.

The club extended Cheveldayoff's contract through the 2017-18 season on Wednesday, a much longer deal than head coach Claude Noel was given in the off-season. His contract will expire at the end of next season.

Cheveldayoff was named to the position in June 2011 as the Jets relocated to Winnipeg from Atlanta.

In his two seasons with the team, the Jets have an overall record of 61-56-13 but missed the playoffs both years.

Cheveldayoff spent two seasons as assistant general manager of the Chicago Blackhawks before joining the Jets. THE CANADIAN PRESS

Winter Classic

It's lights, camera, action for Leafs and HBO's 24/7

There were more cameras than normal at Wednesday's Toronto Maple Leafs practice.

HBO's 24/7 was making its first appearance at the team's practice facility, more than three months before the Winter Classic. It was a one-day cameo and a taste of what players and coaches will encounter once daily shooting gets underway in December for the league's annual behind-the-scenes series.

"This is just a precursor to what's coming," coach Randy Carlyle said. "We've had our preliminary discussions about how we're going to deal with it and what we're going to do. In reality, we're not going to see them again, probably, till Dec. 1."

Carlyle doesn't think it'll be a major change for his players, given the attention they already get in Toronto.

THE CANADIAN PRESS



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↑ Aries

March 21 - April 20

It is important that you keep your thinking simple today. Don't go confusing people, or yourself, with ideas that are too big to grasp. You are already heading in the right direction.

Taurus April 21 - May 21

You must not compromise your position, no matter how much pressure you may be under from those you work or do business with. Stay calm and simply refuse to budge.

I Gemini May 22 - June 21

You may be tempted to push ahead with a project you know friends and family are unlikely to agree with, if only to remind them that you are in charge. But is it worth the bother? The full moon says it's not.

9 Cancer June 22 - July 23

You don't have to crack jokes every two minutes to keep others amused. The moon, your ruler, endows you with a wonderful sense of humour but it should be used sparingly.

$\mathbf{\Omega}$ Leo July 24 - Aug. 23

Do you listen to the part of your mind that urges caution or do you listen to the part that says "take a risk"? Only you can decide but be aware that today's full moon could easily make a fool out of you.

W Virgo Aug. 24 - Sept. 23

Partners may be critical of what you are doing but if you are smart, you will listen to what they say today because in among all the wrong-headed comments is one that has a grain of truth in it.

△ Libra

38

Sept. 24 - Oct. 23

The more you complain about something, the worse it gets, so take the hint and shut up. It's quite possible that someone is being difficult for no other reason than they enjoy the negative way you respond.

M Scorpio

Oct. 24 - Nov. 22

Don't give up on something because it isn't progressing as fast as you would like. It would be a shame to waste all the time and effort you have put into it. Come back to it later.

プ Sagittarius Nov. 23 - Dec. 21

The full moon warns you could find yourself caught in the middle of someone else's war. There is no right side or wrong side in this dispute, so steer clear. It's not your fight.

り Capricorn Dec. 22 - Jan. 20

It's unlikely you will achieve much over the next 24 hours, so don't push too hard. Even a Capricorn needs to recharge their batteries once in a while, so plug in to the full moon and fill up on lunar energy.

Aquarius Jan. 21 - Feb. 19

No matter how confident a friend sounds, you are advised not to be taken in by their latest big plan, especially if it involves your money in some way. . There can be only one loser.

)(Pisces

Feb. 20 - March 20

The moon is full in your sign today, which is good in some ways and not so good in others. You will be more active and ambitious but watch out you don't lose touch with reality. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Mr. Lundgren of "Rocky IV" (1985) Phineas

14. DeanMartin's "That's

16. _, __ Jury (Mickey Spillane novel)

anism 18. Newfoundland seafood delicacy: 2

20. Bilingual community of Winnipeg,

sentences

23. Actress, Lucy 24. Literary genre

26. Celebrity

37. 'O' of TSO (Classical music!)

42. PC 'key'

43. Have a bug

44. Miner hats attach-

47. Farm mounds

50. Skin products

52. Ancient harp

role, Darth

35

39

44

68

6. Cartoon co-star of

10. US state

15. Succulent plant

17. Revolving mech-

wds.

22. Overly long

29. Welcome

31. Bit of jazz

35. Articles

39. Gr. Neil Young joined

40. Howe'er

ments

49. Naturalness

giant

53. "Star Wars" (1977)

55. Mr. Linden

57. TV show 60. Asks to the party 64. Some of a Tim Hortons 'double

double': 2 wds. 67. Dionne Warwick's Little Prayer'

68. Same: French 69. To __ it may concern...

70. Old tales

BT BREAKFAST TELEVISION

71. "__ bien!" 72. Puppy bites 73. By _ __ (How close races are won)

65 66

18

29 30

41

40

45

53 54

> Down 1. "Oh, fudge!"

2. 1847 Herman Melville story

3. J.R.R. Tolkien trilogy, commonly

Fill in the grid, so that every

digits 1-9. There is no math

row, every column and every 3x3 box contains the

4. Something to be

Sudoku

How to play

involved.

solved stand, head in hand..." - The

70

55 58

42

Beatles 6. Datum

7. "Turn to Stone" gr. 8. Mr. Stewart

9. Becomes engaged, 1800s-style 10. 'Find Fabulous For Less' store in Canada

11. "Let __" by Luba: 2 wds. 12. Cast out 13. So-so grades

19. 'Danger' suffix 21. Floor covering

32

43

24. For each 25. Withdraw from a court case

26. Archival 'sheet' at the library

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN 27. Between har-

bours: 2 wds. 28. Ms. Suvari's

30. Dorm sharer

32. Po River locale

33. Skillet user, variantly

34. Bogus

36. Letters on a Cardinals player's

baseball cap 38. Wane

41. Like intricate details on haute couture aarments

45. Gadgets 46. TV's modern-day

VCR 48. Sackville, NB's

Mount __ University 51. "Kung Fu" actor, Philip __ 54. __ Lingus (Ire-

land's flyer) 56. "Canadian Idol"

Season 4 champion, Eva

57. Charge card printout, briefly 58. Water carrier

59. Ancient empire 60. Belief systems

61. Root vegetable 62. Optometrist's

study 63. Mailing request,

commonly

65. Sushi tuna 66. Floor cleaner

1	7	8	8	2	3	5	6	4
4	9	6	5	7	1	2	3	8
2	3	5	4	8	6	9	7	1
7	2	1	8	9	4	3	5	6
В	4	3	2	6	5	7	1	9
6	5	9	3	1	7	4	8	2
9	6	7	1	5	2	B	4	3
3	1	2	7	4	8	6	9	5
5	8	4	6	3	9	+	2	7

5 8 7 6 6 8 2 3 9 5 6 5 9 3 4 5 4 8 1 9 2 1 2 5 4 7 8 3 1

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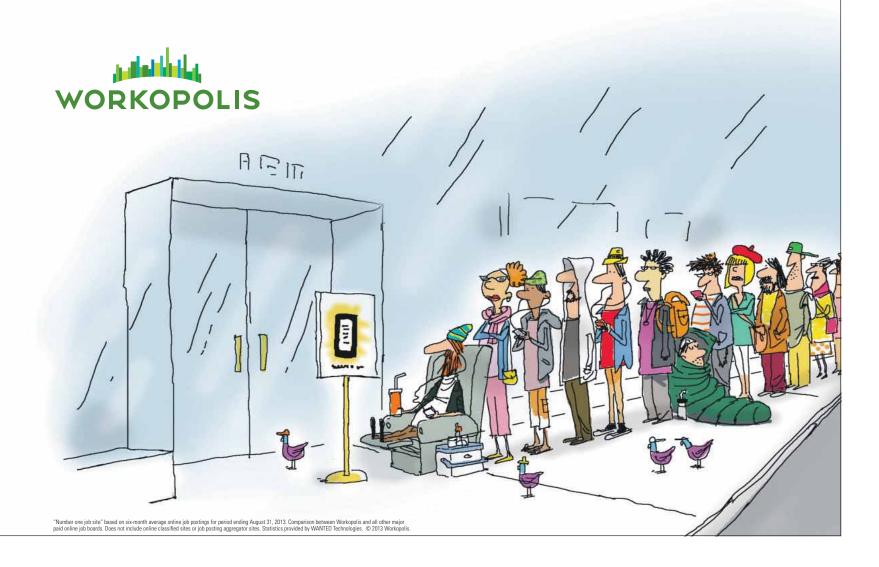
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